

# School Readiness & TOILET TRAINING

## The Challenge:

- **School Readiness Gap:** 43% of toddler parents are unaware of school readiness expectations.
- **Toilet Training Concerns:** 1 in 4 children start school not fully toilet trained.
- **Impact on Learning:** Untrained children lose 33% of learning time daily.

Kindred<sup>2</sup> Survey 2023

## Key School Readiness Skills



### Personal

Toilet & handwashing independence



### Social

Understanding how to share and take turns



### Self-Care

Eating & drinking independently



### Communication

Speaking, listening, asking for help



### Early Literacy

Holding a pencil, recognising their own name



### Early Numeracy

Basic counting and singing nursery rhymes

## Top Toilet Training Tips

- **Simple Clothing:**  
Elasticated waistbands, easy on/off
- **Independence:**  
Encourage self-dressing early on
- **Handwashing:** Make it a regular habit
- **Hydration:** Frequent drinks of water
- **Seek Advice:**  
Talk to teachers or health visitors
- **Praise & Rewards:** Celebrate success
- **Consistency:**  
Ask about needing the loo regularly
- **Communication:**  
Talk about potty training in a fun way
- **Privacy:**  
Give children alone time on the potty

## Remember

- **Every Child is Different:**  
Some children may take longer to toilet train than others. Be patient and supportive.
- **Early Intervention:**  
If you have concerns, don't hesitate to seek advice from professionals.
- **Partnership:**  
Work together with your child's early years setting to support their development and school readiness.



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